



**CANCER SCREENING
CAN *Save* YOUR LIFE**



Preventive Cancer Screenings

Health and Wellness

**Tip of the Week
Week 39
September 28, 2020**

Our Mission is to promote health awareness and encourage healthy lifestyles.

Early Detection of Cervical Cancer

Cervical cancer is one of the deadliest forms of cancer that impacts women. It tends to happen in women between the ages of 35 and 44. Symptoms are hard to notice, so it is vital to talk to your doctor. Screening recommendations for cervical cancer are:

- Women ages 21 to 29 should have a Pap test every three years
- Women ages 30 to 65 should have a Pap test every five years

Based on health history, some women may need a different screening schedule. Talk to your doctor about your history.

Source: Centers for Disease Control and Prevention

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