



**CANCER SCREENING  
CAN *Save* YOUR LIFE**



## **Preventive Cancer Screenings**

### **Health and Wellness**

**Tip of the Week  
Week 38  
September 21, 2020**

Our Mission is to promote health awareness and encourage healthy lifestyles.

### **Prostate Cancer Warning Signs**

Prostate cancer is the most widespread cancer found in men. You may be more likely to get prostate cancer if you are 50 years or older, African-American or related to someone who has had prostate cancer. Signs of prostate cancer are:

- Needing to go to the bathroom often, especially at night
- Trouble passing urine
- Pain or burning when going to the bathroom
- Blood in urine
- Steady pain in the back, hips or pelvis

Call you doctor if you have any of the symptoms.

*Source: Centers for Disease Control and Prevention*

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