



National Immunization Awareness Month



Immunization Awareness

Health and Wellness

Tip of the Week
Week 32
August 10, 2020

Our Mission is to promote
health awareness and
encourage healthy lifestyles.

Perfect Timing

Adults need vaccinations too. Make it a priority to keep your immunizations up to date. Talk to your doctor about what vaccines you need. Keeping a record of your immunizations can help make sure you get them on time.

Source: Centers for Disease Control and Prevention

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