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# The Art of Expectation

## The Perfect Plan Allows for Imperfection

Setting expectations is an art: Anticipating perfection results in frustration, but underestimating potential creates tedium.

We can help you set realistic goals, anticipate challenges, and remain flexible. These skills allow us to create realistic expectations with ourselves and others, so that we feel proud of what we've done, not frustrated by what we couldn't do.

### **WHATEVER YOU NEED, WE ARE HERE TO HELP.**

*Just call or log on to get started.*

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