

## Join us for

an educational workshop to learn about a rapid recovery benefit that eliminates pain while preventing surgeries, injections, and other invasive care. Also learn how injuries & conditions occur, and what you can do to impact your own recovery.

## Back Pain & Spine Surgery Prevention

Session Held On

September 26th, 2019 12:00pm to 1:00pm

(Lunch will be provided)

**Community Room** 

Please RSVP with Human Resources by September 25th

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