



Health and Wellness Tip of the Week - Week 49

December 8, 2014

Monthly Topic

December is *Safe Toys and Gifts Month*. It's the perfect time to remind employees about toy safety and winter safety as well.



Don't Toy With Safety This Holiday

It's that time of year again. As you get ready for the holidays, be sure to keep the most important gift in mind. Wrap the gift of safety this holiday season with these helpful hints:

- 🎄 Choose safe toys based on your child's age.
- 🎄 Check all toys, whether you buy them or your child gets them as gifts.
- 🎄 Stay away from toys that could cause choking, such as those with small parts, loose batteries or magnets.
- 🎄 Watch your child if the toy calls for adult supervision.
- 🎄 Keep toys for older children away from younger children.
- 🎄 Make sure your child has the right safety gear, such as goggles or a helmet, for sports-related gifts or riding toys.
- 🎄 Throw away plastic wrappings or packages once gifts are opened.

Keep your gift list safe this year by checking toy recalls and other facts at cpsc.gov. Visit saferproducts.gov to report unsafe products or harm they have caused.

Sources: Centers for Disease Control and Prevention; National Institutes of Health

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