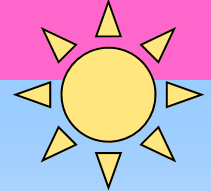


Mission In Motion

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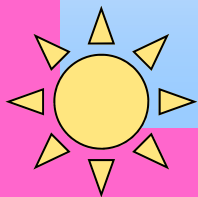
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Safety at practice is as important as safety at games

If you coach your child's recreational sports team, or have a child who plays, here's a fact not well known about youth sports injuries. Most organized sports related injuries (62 percent) occur during practices rather than during games. Despite this fact, a third of parents often don't take the same safety precautions during their child's practices as they would for a game. Practice safety at all times and help reduce the chance of injury.

Source: National Center for Sports Safety



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