

Mission Regional Medical Center

Diabetes is a condition where the amount of glucose in your blood is too high. Glucose comes from the food you eat and it is the main source of fuel for the body. For people with diabetes, the body cannot use glucose properly, which leads to high glucose in the blood. This is because the Pancreas does not produce any insulin, or not enough, to help glucose enter your body's cells. In other words, the insulin that is produced is not working properly, also known as insulin resistance. There are three types of diabetes: type 1 diabetes, type 2 diabetes and gestational diabetes.

Topic: “Diabetes Awareness”

What: Educational Lunch and Learn Seminar

Where: Speer Memorial Library

When: Thursday, November 17, 2022

Time: 11:30 a.m. – 1:00 p.m.
(Lunch will be Provided)



***Please register with Human Resources no later than
Monday, November 14, 2022.***