



Mission Regional Medical Center

Mental health includes our emotional, psychological, and social well-being. It affects how we think, feel, and act. It also helps determine how we handle stress, relate to others, and make choices. Mental health is important at every stage of life, from childhood and adolescence through adulthood.

Topic: “Mental Health Awareness”

When: Thursday, May 19, 2022

Time: 2:30 p.m. – 3:30 p.m.

Please join us via Zoom:

<https://us02web.zoom.us/j/9904662781?pwd=SGVIL3JZRFRdENzWXI5VUxFT1ZUQT09>

Meeting ID: 990 466 2781

Passcode: 833227

One tap mobile

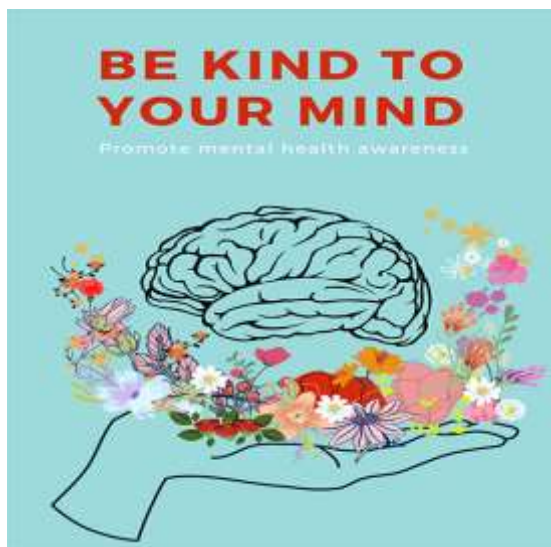
+13462487799,,9904662781#,,,,*833227# US (Houston)

Dial by your location

+1 346 248 7799 US (Houston)

Meeting ID: 990 466 2781

Passcode: 833227



***Please register with Human Resources no later than
Wednesday, May 18, 2022.***