

# Finding a Hobby: How It Impacts Your Life

## ONLINE SEMINAR

### Hobbies can help with happiness

Understand the importance of having a hobby and how you can start finding one to help you feel happier.

### LET US HELP

Visit your home page starting April 19th

**WEBSITE:** [www.deeroakseap.com](http://www.deeroakseap.com)

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