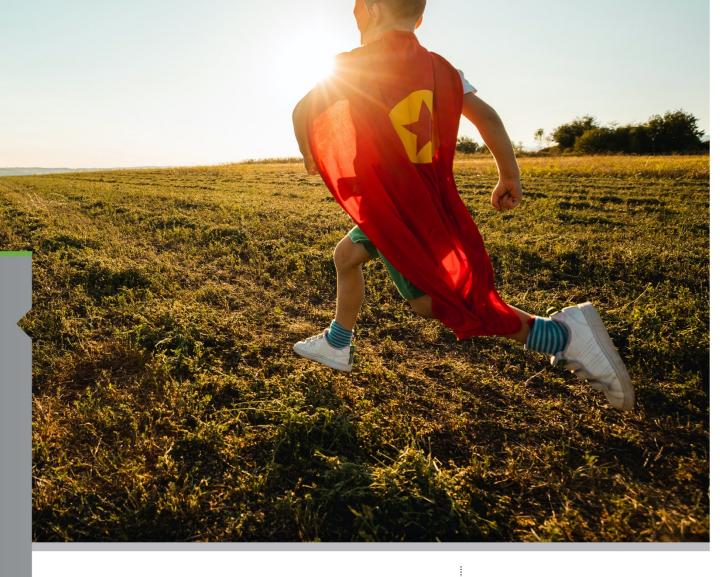
## Your Employee Assistance program

AUGUST 2021

## Caring for Kids

## Nurture confidence and self-esteem

Learn to build self-esteem in your kids, their reactions to different situations, and how you can help them succeed and grow. We can help.



## LET US HELP

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