



Lung Cancer

Awareness Month



Health and Wellness

Tip of the Week
Week 45
November 9, 2020

Our Mission is to promote
health awareness and
encourage healthy lifestyles.

Signs of Lung Cancer

Unfortunately, lung cancer is the leading cause of cancer deaths among both men and women. Most lung cancers do not cause any symptoms until they spread. But, some do. The most common symptoms of lung cancer are:

- A cough that doesn't go away
- Coughing up blood
- Chest pain that is worse with deep breathing, coughing or laughing
- Infections such as bronchitis and pneumonia that won't go away or keep coming back
- Hard to breathe
- New onset of wheezing

It's vital to see your doctor if you notice any of the symptoms and start care right away.

Source: American Cancer Society

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