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# Outsource Your Errands

## Let us become your personal assistant

Feeling daunted by your to-do list? Give some tasks to us. We offer provider referrals, from mechanics to plumbers to food delivery services, and can even confirm their appointment availability.

By helping with your errands, we hope you'll spend more time on you. Perhaps you'll begin a new hobby or plan a trip. We can even offer ideas for those!

**WHATEVER YOU NEED, WE ARE HERE TO HELP.**

*Just call or log on to get started.*

**TOLL-FREE: 866-327-2400**

**WEBSITE: [www.deeroakseap.com](http://www.deeroakseap.com)**

**EMAIL: [eap@deeroaks.com](mailto:eap@deeroaks.com)**

## **YOUR EMPLOYEE ASSISTANCE PROGRAM**

Available any time, any day, your Employee Assistance Program is a free, confidential benefit to help you balance your work, family, and personal life.