

APRIL 2020



# Communicating with Kids

## Create Productive Discussions at Home

Our toughest conversations can happen with our closest loved ones: our children. Whether it's initiating a tough talk or simply reinforcing good manners, a discussion with children presents unique challenges.

We offer strategies to foster healthy family communication, and we can even connect you with local workshops and activities to do with your children. Contact us to learn more.

**WHATEVER YOU NEED, WE ARE HERE TO HELP.**

*Just call or log on to get started.*

**TOLL-FREE: 1-866-327-2400**

**WEBSITE: [www.deeroakseap.com](http://www.deeroakseap.com)**

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## **YOUR EMPLOYEE ASSISTANCE PROGRAM**

Available any time, any day, your Employee Support Program is a free, confidential benefit to help you balance your work, family, and personal life.