

# Health and Wellness Tip of the Week - Week 28

## Monthly Topic

*July is Men's Health Month. It's the perfect time to remind employees about the importance of wellness screenings and staying healthy.*

July 13, 2015

## Prostate Cancer: Know The Facts

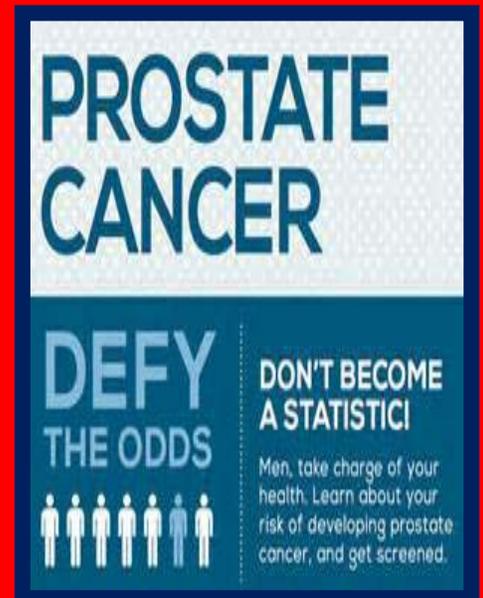
When it comes to prostate cancer, guys need to know:

- ☀️ It's the most widespread cancer found in men.
- ☀️ Close to 223,000 men were told they had prostate cancer in 2007\*.
- ☀️ Roughly 29,000 died from the disease.

That's why an exam once a year is vital. It's also good to discuss the pros and cons of prostate tests with your doctor.

*Source: Centers for Disease Control and Prevention*

*\*Latest year for which statistics are available*



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