

Health & Wellness

Tip of the Week

April is all about focusing on **Workplace Safety**. It is the perfect time to remind you about the importance of being safe at work in order to prevent injuries.

Do Your Job To Promote Workplace Safety

Workplace safety is no accident when you speak up and do your part. Common sense and personal interest in safety are still the greatest guarantee of your safety, wherever you are. Always think of safety as you perform your job, or as you learn a new one.

Make safety rule at your workplace by following these guidelines:

-  Report sickness or injury to your manager.
-  Do not wear loose clothing or jewelry around machinery.
-  Keep your work area clean.
-  Observe 'No Smoking' regulations.
-  Don't block access to fire extinguishers.
-  Report any unsafe condition or acts to your supervisor.
-  Help to prevent accidents.

Source: Nonprofit Risk Management Center

Week 14

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