



Health & Wellness Seminar
Topic: Men's Health
Thursday, June 13, 2013 from 2:30pm—3:30pm
Speaker: Dr. Mario Del Pino, MD
Location: Council Chambers

Please register by
Wednesday June
12, 2013.

Please contact
Human
Resources at
580-8631 to
register for this
seminar.

In honor of Men's Health Week, we would like to invite you to join us on the discussion of a variety of health topics for men such as:

- Hernia repairs
- Cancerous tumors
- Acid reflects
- Stomach problems
- Preventive measures



The Human Resources Department in conjunction with Mission Regional Medical Center will be hosting health and wellness seminars each month. Employees will receive health tips to take home and a plan for taking better care of themselves. Please make plans to attend. Sign up now by calling Human Resources at 580-8631 or emailing npeña@missiontexas.us.

Our mission is to promote health awareness and to encourage healthy lifestyles.

Questions? Contact the Human Resources Department at 956-580-8630.

